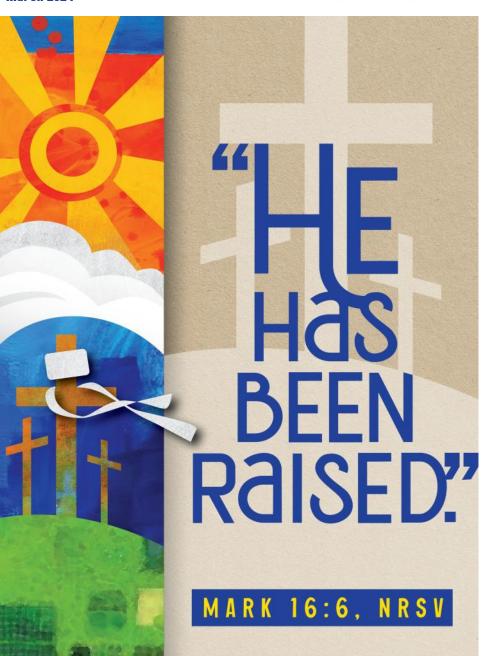


## The Vision

First Presbyterian Church 309 Lincoln Street, Johnstown, PA 15901





Dear sisters and brothers in Christ,

I pray that all of you are well and intentionally and prayerfully engaged in your Lenten journey as we look

forward to celebrating the resurrection of our Lord.

We started our collective church-wide journey on Wednesday, February 14<sup>th</sup> with a wonderful Ash Wednesday luncheon where Pastor Art, from our sister church 2<sup>nd</sup> Presbyterian, gave the message. I thank the Women's Association for hosting a wonderfully attended event. It was a great segue to our Ash Wednesday Service.

We will build on those two events as we plan the details for our Holy Week events, which will include Maundy Thursday and Good Friday services. We will have foot washing during the service as we did last year. I highly encourage you, as you feel comfortable, to come forward and have your feet symbolically washed just as the original disciples of Jesus had their washed by their Lord.

As our Lenten period offering, we also started a sixpart Tuesday study of the Gospel of Mark on February 20th, 2024. If I may be allowed to rev about it, the study is very exciting and very informational. The discussion that it engendered at our first session bodes well for what's in store for us. Please do come and join us. You don't have to feel like you have to attend all of them, although that is very important in grasping the whole of the message of the Gospel of Mark.

I will be away in mid-March for a PC(USA) sponsored retreat for pastors. During my absence, Richard Feller, who already leads the Tuesday session very ably, will step up to lead any of the sessions I may skip. Please keep me in your prayers while I am away.

Speaking of prayers, thank you for your continued support, encouragement, and prayers. I continue to cherish them, and, more importantly, I am grateful for them. Thank you.

Yours in Christ,

#### **Pastor Hyiwot**



## Wellness Page

#### Your Guide to Better Balance

While you can slip and fall at any point in life, it's more common with age. More that 1 out of 4 older adults take a tumble each year, and about 20 percent of these falls lead to injuries such as broken bones. A host of aging-related changes may be at fault. We lose muscle strength and flexibility, and our senses become less sharp. Vision and hearing can become less sharp, reducing awareness of fall hazards. Chronic conditions such as arthritis can affect balance, as can certain medications. Age also affects your vestibular system, the area of your inner ear that helps you maintain balance. But there's plenty that you can do. Consider the following.

Assess Your Steadiness: Four quick "tests" at home can help you gauge your balance. Have a sturdy chair or person nearby to hold on to if you need some support.

- 1. Stand in place with your feet together.
- 2. Move one foot forward so that the instep is next to the other foot's toes.
- 3. Return to the original position, then place the toes of one foot behind the heel of the other foot.
- 4. When back in the original position, stand in place on one leg, then the other.

Ideally, you should be able to hold each move for 10 seconds. If not, or if you have any concerns, tell your doctor. They may refer you to physical therapy or screen you for conditions such as diabetes, stroke, or Parkinson's disease. And note that your doctor should inquire about balance at annual wellness visits.

#### **How to Improve Your Stability:**

Review your meds annually. The most common offenders are those that affect your level of alertness or your blood pressure when standing up. These include some medications for high blood pressure; anxiety, such as diazepam (Valium); an overactive bladder, such as oxybutynin (Ditropan); and antihistamines such as diphenhydramine (Benadryl).

Your best bet is to follow the CDC's advice and go over everything you take regularly prescription and over-the-counter products, including supplements, with your doctor or pharmacist each year. In addition, if you feel foggy/groggy or off-balance after starting a new medicine [or increasing a dose] or dizzy or unsteady on standing up, make sure to let your clinician know.

Get your eyes and ears checked. Research suggests that poor vision doubles the risk of falls for older adults. When you have vision or hearing loss, your brain has to work harder to compensate, which means you have less cognitive reserve to focus on balance. The American Academy of Ophthalmology recommends that all adults over age 65 see an eye doctor every year or two. And the American Speech-Language-Hearing Association says that people should be screened by an audiologist every three years after age 50.

Improve your strength. Our muscles typically shrink about 3 to 8 percent per decade after age 30, and weakening accelerates after age 60. Strength, endurance, and flexibility are key for good balance. So older adults should do exercises that target one or more of those every day.

Research shows that simply getting out and walking is helpful. Yoga is also a good option. A 2023 review published in the Annals of Internal Medicine found that

older adults who did yoga were stronger and had better balance - as well as more endurance and a faster walking pace - than those who didn't. Another 2023 review found that the mind-body practice of tai chi improved balance and reduced fall risks in older adults, too.

Get the right footwear. It's important because it provides a stable base for your feet, legs, and body. To help your toes grip the ground more firmly, shoes with a wide toe box are recommended. For added stability, select footwear with soft but supportive insoles, a closed back, and laces or a fabric-fastener closure like Velcro. Avoid heels higher than an inch or two, sandals, and flip-flops. If you notice foot pain and have long or thick toenails or a condition that affects sensation or circulation, like type 2 diabetes, it is suggested you see a podiatrist. They can help diagnose and treat these problems and make sure that you're wearing appropriate footwear.

Build your confidence. Up to 60 percent of older adults are concerned about falls even if they're never had one. But this can limit your activities significantly, ac- cording to a study published in BMC Geriatrics in 2021. Unfortunately, this creates a vicious cycle: People are afraid to move, so they lose even more muscle strength and their balance worsens, which makes them even more fearful.

If you're experiencing something similar, take walks only where you're familiar with the terrain for the time being. And consider doing exercises that carry little risk of falling, like swimming, pool aerobics, and stationary cycling. These can increase lower body strength, which aids balance. If you still feel apprehensive after a month, a physical therapist can screen you for problems that may be affecting your balance (and confidence) and work with you on a plan to get you moving with more ease.

#### **6 MOVES THAT CENTER YOU**

Greg Hartley, DPT, a professor of physical therapy, says these are his favorite balance exercises:

- 1. The Standing March. Hold on to your kitchen counter and march in place for a minute. As your balance improves, try this without holding on.
- 2. Sit to Stand. Sit in a sturdy, armless chair and push yourself up to standing. "It improves your lower extremity strength, which is important for good balance," Hartley says. Do 10 to 15 reps.
- 3. Side Steps. Stand with your feet together and knees slightly bent. Lightly hold on to a kitchen counter if necessary. Step your left foot out to the side and move your right foot to meet it, then do the sequence in the opposite direction. Repeat this three times.
- **4. Three-Way Kick.** Lightly hold on to a kitchen counter if necessary, stand on one leg, and slowly raise the other leg in front of you. With the raised leg as straight as possible, lower it down. Do the same move with your leg out to the side and then with your leg behind you. Repeat on the other side.
- **5. Toe Raises.** Stand facing a kitchen countertop (hold on to it if necessary) and lift the toes of both feet as high as is comfortable. Then lower them. Repeat 10 to 15 times.
- 6. Heel-Toe Walk. Standing, place the heel of your right foot just in front of the toes of your left foot. Then, take a step, placing your left heel just in front of your right foot. Repeat 10 to 15 times. Hold on to a sturdy item for stability.



#### **Membership Anniversaries**

We would like to recognize the following active members who are celebrating membership anniversaries in the month of March:

77 years - Isabel Cruse

76 years - Janet Braude

68 years - Linda Billetdeaux, Zowalla Thiel

65 years - Lynne Williams

63 years - Chuck Benson, Debbie Rummel

60 years - Timothy Ayers, Sue Benya, Denny Cruse, Bill Robinson

52 years - Cynthia Blough, Jeffrey Cramer

46 years - Debbie Bickel

34 years - Barry and Duffy Compton

27 years - Marlene James

14 years - Grant Cruse

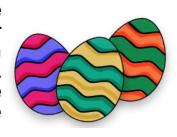
6 years - Mary Lou Oyler

Happy Anniversary! We are blessed to have each of you in our church family.



#### EASTER EGG TREE

Once again, you are invited to put a smile on a child's face through our Deacons' Easter Egg Project coordinated with Children and Youth Services. The Easter Egg Tree will be erected in the corner of the sanctuary.



This project will be handled much like the Christmas Stocking Tree was in December.

Because of reduced staff at the CYS office, the agency is unable to assemble a list for individual children. They are in particular need of diapers and children's clothing.

The practice of taking an egg, leaving your name on the duplicate egg, and bringing gifts back to the tree will remain the same with the exception that the gifts are to be unwrapped.

Your gifts should be returned to the church building by Sunday, March 31st, and will be delivered that week to CYS.

The Deacons thank you in advance for your generosity.





The 5 Cents a Meal offering will be received on Sunday, March 31.

#### Carrot Cake Cheesecake

For those who believe carrot cake is really just a vehicle for mounds of decadent cream cheese frosting, this is just the recipe for you! This carrot cake cheesecake features classic carrot cake crust and a thick layer of rich, silky cheesecake filling. Of all the cheesecake recipes and carrot recipes, this is the best of both for the spring season!

Par-baking the carrot cake layer before adding the cream cheese mixture allows both layers to finish baking at the same time and keeps the whole cake perfectly moist. Be sure to pour the cheesecake mixture slowly and evenly over the carrot cake in your springform pan, starting around the edges, so the cake doesn't sink in the middle. Make this genius mashup the star of your Easter dessert table! It's sure to please both the frosting fans and the cake lovers at the table.

#### **Ingredients**

#### FOR THE CAKE:

- 1 c. granulated sugar
- 1/3 c. canola oil
- 2 large eggs
- 1 c. all-purpose flour
- 3/4 tsp. baking powder
- 1/2 tsp. baking soda
- 1/2 tsp. ground cinnamon
- 1/4 tsp. kosher salt
- 1 c. finely grated carrots
- 3/4 c. chopped toasted pecans, plus more for garnish
- Nonstick cooking spray

#### FOR THE CHEESECAKE:

- 2 8-oz. packages cream cheese, at room temperature
- 1/2 c. sour cream
- 1/2 c. granulated sugar
- 1 tbsp. all-purpose flour
- 1/4 tsp. kosher salt
- 2 large eggs, at room temperature
- 2 tsp. vanilla extract



#### **DIRECTIONS:**

- 1. For the cake: Preheat the oven to 350°. Whisk together the granulated sugar, oil, and eggs in a large bowl. Whisk together the flour, baking powder, baking soda, cinnamon, and salt in a separate bowl. Add the flour mixture to the egg mixture and whisk to combine. Stir in the carrots and pecans, mixing well.
- 2. Lightly grease a 9-inch springform pan with nonstick cooking spray. Pour the carrot cake batter into the pan and spread in an even layer. Bake for about 18 minutes, until the edges of the cake are just set and the top is no longer shiny. Let cool for 30 minutes.
- 3. For the cheesecake: Meanwhile, reduce the oven to 325°. Beat the cream cheese in the bowl of an electric mixer fitted with a paddle attachment on medium speed until no lumps remain, about 2 minutes. Gradually add the sour cream, sugar, flour and salt on medium speed, beating until the batter is smooth and creamy, about 1 minute. Scrape down the sides and bottom of the bowl as needed.
- 4. Reduce the mixer to medium-low speed and add the eggs, one at a time, beating until just combined after each addition. Continue scraping down the sides and bottom of the bowl as needed. Stir in the vanilla extract. Set aside.
- 5. Starting at the outer edges, carefully and evenly pour the cheesecake batter over the carrot cake, finishing in the center.
- 6. Place the pan on a rimmed baking sheet and bake until the edges of the cheesecake are set and the center just barely jiggles when the pan is shaken, 50 to 55 minutes. Transfer the pan to a wire rack to cool completely, about 2 hours. Cover and chill for at least 8 hours.
- 7. To serve, run a knife along the sides of the pan to loosen. Remove the sides of the springform pan. Decorate the top of the cheesecake with pecans. Slice and serve.

#### Stories of Redstone

#### Christ at work in our midst

#### **January Gathering Highlights**

- •In our annual meeting of the ecclesiastical and corporation of the Presbytery of Redstone, we were pleased to be hosted by First Presbyterian, Johnstown in "spring-like" weather. Presbyters from across the four counties and around the world (Ethiopia) joined us for the gathering. Rev. Noftzger proclaimed the Word, Rev. Teshome presided at the Table, and we were led in music by First Presbyterian Church choir.
- •New leadership of Moderator Len Morgan and Vice Moderator Susan Keaney were installed to begin their service. Ruling Elders serving in particular pastoral service were re-commissioned for the upcoming year. We celebrated five-year anniversary intervals for Ministers of Word and Sacrament in our Presbytery. During memorial report, we honored all those faithful elders who joined the Church Triumphant in 2023.
- •Through another video journey with "On the Road with Redstone," we caught a glimpse into the ministry that God has and is doing at the Puckety Presbyterian Church in Lower Burrell.
- •Pine Springs Camp ministry shared their news both about upcoming retreats with Winter ReMix and Women in the Woods, along with prayer requests for the Summer 2024 program.
- •As a Presbytery, we were pleased to hear of the report from the Grace Community Presbyterian Church Pastor Nominating Committee and the congregation with their desire to call Rev. Owar Ojulu to serve as their next installed pastor. The Presbytery was excited and pleased to approve this pastoral call, giving thanks to God for the Lord's leading.
- •We had opportunity to hear about the mission work and support of the host congregation and all local church mission teams were encouraged to share their activities through the Presbytery shared database, using the Google form.
- •With the start of 2024, we begin the 20 year anniversary of our partnership between Redstone and the Sudan and South Sudan Presbyterian Evangelical Church. Partnership stories were told and will be celebrated throughout this year.

#### **Redstone Presbytery Gathering at FPC**





5¢ Meal

# March

		IUI VI	
Sun	Mon	Tue	W
	<b>7</b> # 3		† <del>1</del> 7
3 55 9:30 Worship 10:45 Coffee Social Noon	4 No Nar=Anon Meeting	5 Bible Study 10:30 am Deacons 6:00 PM	6 Admin 10
10 99:30 Worship 10:45 Daylight Saving Time Begins	11 6:30 pm Nar-Anon	12 Bible Study 10:30 am	13
17 SS 9:30 Worship 10:45 3rd Sunday Program	18 6:30 pm Nar-Anon	19 Bible Study 10:30 am	20
24 99 9:30 Worship 10:45	25 Women's Association 1:00 PM 6:30 pm Nar-Anon	26 Bible Study 10:30 am	27 Session
31 SS 9:30 Worship 10:45	Christ	Is Risen	! (

# 

## CALENDAR OF EVENTS

ed	Т	hu	F	ri	Sat
二 二 二			1 APLD	DAL	2
9:00 AM	7		8		9
	14		15		16
	21		22		23 Johnstown Concert Series 7:30 PM
6:30 рт	28 Maundy Thureday	MAUNDY THURSDAY	29 Good Friday	GOOD INRI FRIDAY	30
					+





#### **WOMEN'S ASSOCIATION**

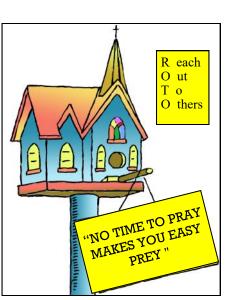
The Women's Association will hold their monthly meeting on Monday, March 25th at 1:00 PM. Plan to join us!

#### PINE SPRINGS INK CARTRIDGE PROGRAM

PINE SPRINGS CAMP has been collecting "EMPTIES" (empty printer ink cartridges) for a few years. This program, sponsored by Empties4Cash, has helped enhance the camping programs at PSC. Please consider

partnering with Redstone Presbytery on this earth-friendly and valuable PSC initiative. Place your empties in the box under the bulletin board at the top of the Lincoln St. steps.

Please, <u>ink jet cartridges only</u>. No laser or toner-type cartridges are accepted.







### JOHNSTOWN CONCERT SERIES The Kalnas Ensemble

Saturday, March 23, 7:30PM

The Ensemble is a string quartet focusing on Lithuanian musical roots, exploring compositions of Stanley Chepaitis with improvisatory overtones, as well as performing standard quartet repertoire.

#### **Transformed**

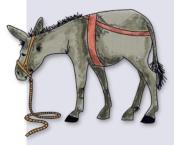
Before becoming a Christian late in life, British journalist Malcolm Muggeridge denied that Jesus was God's Son and

had risen from the dead. If Jesus' body was missing, he said, someone probably snatched it and abandoned it to the vultures, leaving the bones to whiten in the sun.



For Muggeridge, the turning point was encountering a living Lord. "If you should ask me by what authority I talk about the power of Christ to change human nature, I should reply to you simply … because he has changed me," Muggeridge said after discarding agnosticism. "I can look anybody in the face today — my friends, my colleagues and what, perhaps, is most difficult of all, the members of my family — and be sure that they know, as I know, that I am really and literally a new creature in Christ Jesus since the day when he came into my life."

-adapted from The Wired Word



#### **BE THE DONKEY**

Corrie ten Boom, a devout Christian who helped shelter hundreds of Jewish people from Nazis during World War II, was asked how she stayed humble despite her fame.

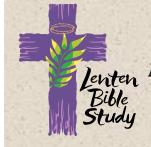
"When Jesus rode into Jerusalem on Palm Sunday on the back of a donkey, and everyone was waving palm branches and throwing garments onto the road and singing praises, do you think that for one moment it ever entered the head of that donkey that any of that was for him?" she replied. "If I can be the donkey on which Jesus Christ rides in his glory, I give him all the praise and all the honor."

Jesus told his followers they'd need to carry (or "take up") their cross. But how well do you carry your Savior? How do you bring him into a world that desperately needs the good news of the gospel?

#### **DAYLIGHT SAVING TIME**

Don't forget to set your clocks 1 hour ahead on Sunday, March 10th!





#### The Lenten Bible Study

Join us Tuesday mornings at 10:30 AM beginning February 20th. Pastor Hyiwot will be leading a six-week session based on Dr. A J Levine's 'The Gospel of Mark'



**Lynne Williams** 

**Garetta Moehler** 

Julie Davis

27 Maureen Lydic

# Through him you **BELIEVE IN GOD**,

who raised him

## FROM THE DEAD

—— and ——

## **GLORIFIED HIM**,

and so your faith and hope

## ARE IN GOD.



1 PETER 1:21, NIV



#### One Great Hour of Sharing Offering to Be Received on Palm Sunday, March 24th

If you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

Isaiah 58:10

The Presbyterian Church (USA) will join other Protestant denominations to receive the One Great Hour of Sharing offerings on Sunday, April 2nd. Envelopes are included in this March issue of the *The Vision*. Additional envelopes will be available at the Narthex and Lincoln Street entrances. Offerings will be distributed worldwide through the Presbyterian Hunger Program, Presbyterian Disaster Assistance and Self-Development of People.

#### We are there

For 75 years,
One Great Hour of Sharing
has partnered with others to take action
to share God's love.

Through these three life-saving programs, we are there to advance the causes of justice, resilience and sustainability.

#### PRESBYTERIAN DISASTER ASSISTANCE

Restore Streets to Live In

#### PRESBYTERIAN HUNGER PROGRAM

Share Bread with the Hungry

#### SELF-DEVELOPMENT OF PEOPLE

Loose the Bonds of Injustice



Please give what you can.

IF WE ALL DO A LITTLE, IT ADDS UP TO A LOT!

OUR ST	EWARDSH	 [Р	
GIVING IN JANUA	RY	YTD	
Member Giving	7155	7155	
Major Repair Fund	95	95	
Organ Fund	5		
Loose Offering	556	556	
Special Offerings	0	0	
First Fruits	184	184	
<b>Total Giving</b>	7995	7995	
\$   The state of t	<b>ATTE</b> Jan 7 Jan 14 Jan 21 Jan 28	- 26	

# ?? Bible Quiz ? ??

The "Christ hymn" in Philippians 2 proclaims that after Jesus humbled himself even to the point of death, God exalted him, and that eventually all will worship him. What two body parts are named as part of that worship?

- A. knee; tongue
- B. hands; feet
- C. arms; lips
- D. heart; mouth





## +Christian Symbol+

#### BUTTERFLY

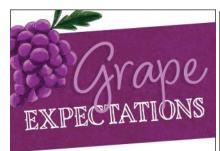
The butterfly symbolizes resurrection, Easter and

the new life we have in Christ Jesus. As a caterpillar disappears into a chrysalis, so Jesus' lifeless body was hidden in a tomb. The emergence of the butterfly, rising into the sky in its beautiful new body, reminds us of Christ's resurrection - and ours.

## Special Dates

- World Day of Prayer, March 1, 2024
- Daylight saving time begins, March 10, 2024
- First day of spring, March 19, 2024
- Holy Week, March 24-31, 2024
- Palm/Passion Sunday, March 24, 2024
- Maundy Thursday, March 28, 2024
- Good Friday, March 29, 2024
- Easter Sunday, March 31, 2024





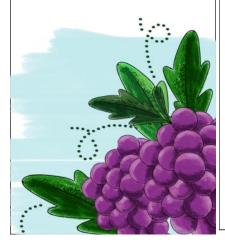
Try this chilly new take on a healthy snack.

#### What you need:

- 30 grapes, washed and dried
- ½ cup vanilla yogurt
- · 4 graham crackers, crushed
- Toothpicks
- Parchment paper

#### What you do:

- On a baking sheet lined with parchment paper, arrange grapes in a single layer. Freeze for two hours.
- 2. Insert a toothpick into each grape.
- Dip each grape into the yogurt, coating half of it.
- Roll each dipped grape in the crushed crackers. Place back on the parchment.
- 5. Freeze for two more hours. Enjoy!



# Puzzje!

Complete the Scripture verses (NIV, unless marked) using letters found in the words

SAINT PATRICK'S DAY
See! The winter is ; the rains are over and gone. Flowers appear on the earth; the season of singing has come. (Song of Solomon 2:11-12)
"Therefore, if your whole body is full of light, and no part of it , it will be just as full of light as when a lamp shines its light on you." (Luke 11:36)
When I consider your heavens, the work of your fingers, the moon and the , which you have set in place, what is mankind that you are mindful of them ? (Psalm 8:3-4)
We all, like sheep, have gone, each of us has turned to our own way; and the LORD has laid on him the iniquity of us all. (Isaiah 53:6)
So then you are no longer strangers and aliens, but you are fellow citizens with the and members of the household of God.

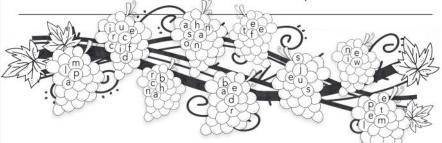
(Ephesians 2:19, ESV)



#### A LASTING LESSON

Before dying on the cross, Jesus teaches the disciples an important lesson.

Directions: Use the clues to unscramble the letters in each grape cluster. Then write the circled letters in order below to complete John 15:5, NIV.



A branch that was waved

How Jesus was put to death

A stick attached to the vine

People shouted this to Jesus

Jesus washed these

This was broken and eaten

The Messiah

A drink from grapes

Jesus drove the money changers from here

"I am the vine; you are the branches.

If you remain in me and I in you, you will bear \_\_\_\_ apart from me you can do nothing." John 15:5, NIV

## Prayer Concerns— Keep Them in Your Prayers

**Family of Nancy Andrews** Carrie Thomas Aurit (Mapes)

Renee Bacon

David Barrett (B. Thiel)

Dian Bash

Don & Bonnie Bash Dave & Dorothy Belz

Sue Benya

Robin Bergeron (Cruse)

Debbie Bickel

Linda Billetdeaux

Mark & Deb Bodnar (Benson)

Linda Bolton (Williams)

Alice Bragdon

Michelle & Heith Bragg

Sylvia Bruce (Williams) Veronica Burley & family

Linda Capp (Williams)

Donna Cauffiel

**Christen** (Williams)

**Mary Cruse** 

George Demchak Family (Koch)

Marlene Eisenhauer

Francis "Ike" Eisenhuth

Alfred Eisenhuth (Ike)

Ashlee Fecko (Koch)

**Family of Ruth Fisher** 

Carol Fyock

Dave & Marilyn Gehlman

Tom Gilligan

**Roy & Agnes Gindlesperger** 

**Jacob Gram** 

Don Griffith

Kathy Wassum Hamel & family

Jean Houlik (Cruse)

**Marlene James** 

Ava & Dylan Kresak

(Gindlesperger)

Family of Mark Kresak

**Peg Lambert** 

Walt Leitenberger

(Gindlesperger)

Ann Long (Braude) **Connie Meyers** 

Serena Miller

**Blinda Morales** 

**Denny Moyer** 

Ron & Brenda Noon Tom Osterbloom

(Gindlesperger)

**Jason Owens** (Benson)

Sandie Owens (Benson)

Larry & Susan Pearce

Regina Poore **Sue Porsch** 

**Stephanie Pusateri** (Williams)

Pat Ripple & Family

Tina Risbon

Kent Roach

Debbie Rummel

Richard Schroeder **Family of Charles Seth** 

Jeremy & Estelle Sivillo

(Thiel)

Family of Michelle Smith

J. Andrew Smith

(Gindlesperger)

Robby Sokira, Jr.

**Paul Sprague** (Williams)

Owen Szanto (Gindlesperger)

Ella T. & Family (Farrer)

Cindy & Trista Wagner

Family of Twila Wassum

Jackie Weaver Susan Weaver (B. Thiel)

**Our Missionaries** 

The Family of Mark Adams & Miriam Maldonado: Mexico

Josh Heikkila: West Africa

Serving in the Military

**Luther Flores** 

Jasmine Flores Richard Kovach

#### **EASTER FLORAL DISPLAY**

Spring flowers will adorn our sanctuary again this Easter. If you would like to order one or more flowers and place it in memory or in honor of someone special, please fill out the form below and send it with your remittance by **March 31st** to the church office. Please make out checks to First Presbyterian Church. You may also order your flower by calling the church office.

Name					
	( <i>YOUR</i> nam	e as you want it p	rinted in the program		
(circle one) In Memory / Honor of:					
q LILY	q TULIP	q <b>HYACINTH</b>	G GERBER DAISY		
1	'	<u> </u>	ı		
(circle one) In Memory / Honor of:					
q LILY	q TULIP	<b>q нуасілтн</b>	q GERBER DAISY		
(circle one) In Memory / Honor of:					
q LILY	q TULIP	q <b>HYACINTH</b>	q GERBER DAISY		
Lilies ~ 5 blooms \$11.75 Hyacinths ~ 3 bloom \$11.75 Tulips ~ 6 bloom \$11.75 Gerbera Daisy ~ 4" pot \$6.00					
Total Enclosed \$ Cash or Check (Circle one)					
WE MUST HAVE OUR ORDER PLACED BY March 13th					

First Presbyterian Church 309 Lincoln Street Johnstown, PA 15901

Non-Profit Org.

**U.S. POSTAGE** 

PAID

Johnstown, PA

Permit No. 49

RETURN SERVICE REQUESTED

# GOD'S BLESSINGS TO:

